

Z i p s

Zero to age 21: Information Promoting Success for Nurses working with Kansas Kids

JUNE 2004

Welcome to ZIPS: Zero to Age 21: Information Promoting Success for Nurses working with Kansas Kids. We hope this newsletter continues to be a useful resource for you, and encourage you to give us your comments, feedback, and suggestions. Also, note that previous months' issues of the ZIPS can be found at: http://www.kdhe.state.ks.us/c-f/zips/

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American Lung Association of Kansas Awards \$150 for "Excellence in School Nursing Services for Chronic Disease

Management"

The winner for the 2004 is **Janet** Weld, RN, BSN. Weld is a school nurse at the Ray Marsh Elementary School and was nominated for this prestigious award by her principal, Patricia J. Buffon. The first paragraph written by Ms. Buffon, "Jan Weld has been a professional school nurse for thirty plus years, and has cared for and managed numerous students with chronic diseases. Her wealth of knowledge in this area is demonstrated by her continued commitment to ensuring all students with health related issues receive optimum services and continuity of care necessary for their academic and personal success. She has been a full time nurse at our school for 18 years

and is a vital person on our staff; families (and staff) rely on her medical advice, knowledge, integrity, resources, and advocacy," sums up the importance of the school nurse in the educational setting. Ms. Buffon proceeds to acknowledge the chronic disease management Janet has exemplified, citing individual instances covering a variety of chronic disease situations, in her school nursing profession. Jan was honored at an all school assembly on National School Nurse Day, Wednesday morning, May 12. The thunder of applause along with the atmosphere of gratitude that filled the gymnasium that morning, truly depicted the outstanding school nurse





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http://www.kdhe.state.ks.us/bcyf/index.html



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What Somebody Said...

Somebody said that it takes about six weeks to get back to normal after you've had a baby...somebody doesn't know that once you're a mother normal is history. Somebody said that the hardest part of being a mother is labor and delivery...somebody never watched her "baby" get on the bus for the first day of kindergarten. Somebody said that you can't love the fifth child as much as you love the first...somebody doesn't have five children. These are anecdotal guips from many "somebodies" concerning motherhood and underscore the importance of improving pregnancy outcomes. Further, these quotes help to focus our attention on our children, who all begin as a growing fetus in their mother's womb, are monitored, assessed and eventually delivered. Now they receive a name and go through thousands of "firsts." These are our children, our most important resources. Somebody said that too.



Perinatal Association of Kansas Annual Conference: Save this date,

September 15, for the annual Perinatal Association of Kansas Annual Conference to be held in Topeka on the Stormont-Vail campus. Some general topics to be covered are maternal/child mental health issues and information on

Fetal Alcohol Syndrome from prepregnancy through early childhood. There will be more upcoming information on this conference as the planning process continues. So stay tuned...! Also, to keep abreast of things happening in the perinatal field go to:

http://www.kspak.org

Some Characteristics of Mothers Who Have Children With Fetal

Alcohol Syndrome: Several plausible characteristics of mothers who have children identified with fetal alcohol syndrome have been identified by researchers. In no particular order, the characteristics are the following: Heavy episodic drinking in younger mothers, gravidity and parity are higher than for the general population, mean lower

educational levels, many of the mothers lived with a partner who also drank alcohol, increase in mental health problems most likely due to the experiencing of more physical and sexual abuse, generally higher unintentional injury rates, mothers attended fewer prenatal visits, greater number of medical problems, treatment relapses common, often abuse other drugs, history of sexually transmitted diseases, cigarette smoking and documentation of maternal grandmother's alcohol use in her medical record. For more information go to: http:// www.jabfp.org and search for the article title, "Characteristics of Mothers Who Have Children with Fetal Alcohol Syndrome or Some Characteristics of Fetal Alcohol Syndrome." The authors also made mention of a validated and approved prenatal health assessment tool to screen for substance use in prenatal clinics. The screening tool was developed by the Indian Health Service and the Centers for Disease Control and Prevention. However, it is not presently available at the Web site which the authors indicated in their article. For additional information online concerning Fetal Alcohol Syndrome go to: http:// www.cdc.gov/ncbddd/fas/default.htm

A Look At Changes in Infant Sleep Patterns Using a Family-Centered Intervention: This study, which took

place in Iceland, described the use of a family-centered approach to successfully improve infant sleep problems in the absence of chronic diseases (eg. asthma, gastroesophageal reflux disease, ear infection, etc.). Generally, the researchers used interventions based on the correction of day-sleep rhythm, support of selfcomforting capabilities of the infant, and education of the parents in regard to the infants' characteristics and developmental status. In particular, the parents were taught how to progressively decrease contact with their infants and to eventually leave the room after the infants had fallen asleep. Also, the parents received education on why their infants wake up during sleep as well as some reasons for them not wanting to sleep in the absence of their parents. Part of the approach emphasized the parents understanding of their child rather than a focus on the child's sleep behavior. The researchers found that

night sleep for the infants in their study improved significantly one week after discharge and even more so after two months. Therefore, the researchers concluded by offering a family-centered approach that infants' sleep patterns improved up to two months after discharge from the hospital. For more information, see the article, "Changes in Infant Sleep Problems After a Family-Centered Intervention" which appeared in Pediatric Nursing, September/October, 2003, Vol. 29, No. 5.

Challenge of Intrapartum

Emergencies: Perinatal emergencies create both physiological challenges and trigger intrinsic survival techniques (fetal and maternal). A short list of perinatal emergencies should include seizures, amniotic fluid embolus, hemorrhage, and uterine rupture. A pregnant uterus is a vital reservoir of blood for a body in need of greater blood volume. From a maternal standpoint, the pregnancy itself may become too burdensome and result in an unexpected and often premature birth as a compensatory measure. On the other hand, a fetus who is experiencing hypoxic events in the womb may be stressed into initiating early labor. Clincally, during perinatal emergency situations involving extensive oxygen desaturation and decompensation, the focus should remain on maternal stabilization which logically leads to fetal stabilization. Quick and appropriate decision making, resource allocation, critical thinking and clinical assessments increase the probability of a positive outcome for mother and child. For more information about this article, "Intrapartum Emergencies" can be found in the Journal of Gynecology and Neonatal Nursing, Vol. 32, Number 6, 802-813, 2003.

Breastfeeding Corner: If you have any questions regarding breastfeeding practices, the appropriate contact at KDHE is: Mary Washburn in the Special Supplemental Nutrition Program for Women, Infants and Children. In addition, you can visit the KDHE Web site at: http://www.kdhe.state.ks.us/nws-wic/index.html and can find a few links related to the benefits of breastfeeding.

Zîps: Child Health

site: http://www.safetylit.
org/.. Where you will find information about the occurrence and prevention of injuries available from many sources and disciplines. SafetyLit staff and

injuries available from many sources and disciplines. SafetyLit staff and volunteers regularly examine more than 300 journals and scores of reports from government agencies and organizations.



The Kansas Association of Community Action

Programs have moved their office to: 621 SE Swygart Ave., Topeka, Ks. 66607. Their telephone number is 785-234-0878 and their Web site is: http://www.kacap.org

Frequently Asked Questions about Food Labeling and Contacting

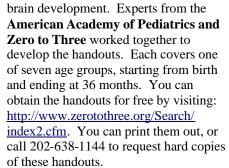
Manufacturers: The Food Allergy Web site recently added a document to our Web site that answers some frequently asked questions about food labeling in the United States, as well as common questions about how to talk to food manufacturers. For more information view: http://www.foodallergy.org/
Advocacy/labelingFAQ.html



Visit the "kids" section of the Food Allergy and Anaphylaxis Web site for great information and fun!

http://www.fankids.org/

A new series of seven handouts offers practical tips on how to foster early

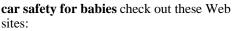




The **Produce for Better Health Foundation** offers

great tips on using five or more servings of fruits and vegetables a day as snacks for better health. Check out their ideas at: http://www.5aday.com or http://www.aboutproduce.com Moving Kids Safek

To learn more about



- National Auto Safety Hotline: 800-424-9153 or: http://www.nhtsa.dot.gov
- SafetyBeltSafe USA: 800-745-SAFE (7233) or: http://www.carseat.org
- American Academy of Pediatrics http://www.aap.org/family/cps.htm
- Car Seat Safety Guide: http://www.aap.org/family/carseatguide.htm
- Safety and injury prevention: http://www.noah-health.org/english/wellness/healthyliving/homesafety.html



The Children's Defense Fund and the Alliance for Healthy Homes has issued a report highlighting the **health**

hazards of lead poisoning in children. The Lead Hazard Control program prevents childhood lead poisoning by reducing exposure to lead-based paint and the contaminated dust and soil it generates. For more information visit the Children's Defense Fund Web site at: http://www.childrensdefense.org/pressreleases/040405.asp

If you live in a state where



safety-belt use is a primary law, chances are you buckle up on a regular basis. A recent report from the National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention (CDC) found that states had a higher incidence of safety-belt use -- and thus a reduced risk for traffic fatalities -- if they had primary laws allowing police officers to stop motorists solely for the purpose of issuing citations for not wearing safety belts. Read the full story "Use of Safety Belts Higher in States That Enforce Safety-Belt Laws" at: http://www.cdc.gov/mmwr/ preview/mmwrhtml/mm5312a2.htm

Blood Pressure Increased for Children, Adolescents: Blood pressure has increased over the last decade in children and adolescents, with the increase at least partially due to the increased prevalence of overweight, according to researchers reporting in the Journal of the American Medical Association. For more information visit: http://www.healthinschools.org/2004/may05 alert.

Psychotropic Drugs for Children Outpace Medications for Asthma: A major national pharmacy benefits manager, Medco Health Solutions, Inc., said in a recent report that for the first time, spending for psychotropic drugs has exceeded the cost of antibiotics and asthma medications for children under the age of 19. To view this article visit: http://www.healthinschools.org/2004/may17_alert.asp

New Publication on Parent-Child Connectedness (PCC)! ETR Associates has recently published a new work on the protective effects of strong emotional bonds, or "connectedness" between parents and children. The work is a review of the current body of research literature titled: "Parent-Child Connectedness: Implications for Research, Interventions and Positive Impacts on Adolescent Health." The 86page document is available for free by downloading it from the ReCAPP Web site at http://www.etr.org/recapp/ research/litreview.pdf A soft-bound copy is available for \$15. ETR's PCC literature review presents an overview of the existing evidence for the protective effects of parent-child connectedness on a variety of adolescent health outcomes, including: identification of possible determinants of PCC, a proposed model for how PCC is established in families, reviews of some of the existing interventions that have addressed PCC and preliminary suggestions to practitioners for incorporating PCC in their work.

Z î p S : Adolescent Health

NIE Offers Middle School
Curriculum on Alcohol: The U.
S. National Institutes of Health

(NIH) has released a new curriculum unit intended to help middle school students understand the effects of alcohol on human biology and behavior. http://healthinschools.org/2004/apr23 alert.asp



ENTRE PADRES: Juntos en la crianza de nuestros adolescents.

ENTRE PADRES is a 16-page Spanish language parenting resource, packed with strategies for raising teens and highlighting ways that parents can have a positive influence in their teens' lives. This is a very exciting resource for community agencies working directly with Spanish speaking parents and guardians. To access a PDF version of the booklet, click on the link on the upper-right corner of the Shoulder to Shoulder's home page: http://www.shouldertoshoulderminnesota.org.

U.S. teens are more likely to consume soda and fried foods, and exercise less than their global teen counterparts.

Chronic diseases associated with obesity such as diabetes are now seen in young people. The U.S. Department of Health and Human Services', Office on Women's Health (OWH) is committed to increasing overall health and fitness awareness as well as the development of healthy lifestyles among girls. To meet these goals, OWH has created a new and improved Web site for girls, www.4girls. gov. The 4GIRLS Health site features interactive tools, such as a 'Speak Up' forum for girls, in order to engage young women to take proactive steps towards a healthy lifestyle early on in life. It is vital to instill health promoting behaviors in girls during teen years as they grow into adulthood. The 4GIRLS site provides valuable information about preventative measures teen girls can take against the onset of various diseases as they grow older. The mission of

4GIRLS.gov is to promote healthy, positive behaviors in girls between the ages of 10 and 16. The site, originally launched in 2002, gives girls current, reliable, and useful information on various health issues they will face as they become young women, and tips on handling relationships with family and friends, at school, and at home. 4Girls.gov is sponsored by DHHS, Office on Women's Health. For information about Girls' Health, visit http://www.4girls.gov or call the National Women's Health Information Center at 1-800-994-9662.



According to a national survey on alcohol taxes released by the AMA's Office of Alcohol and Other Drug

Abuse, 90 percent of Americans are concerned about teenage and underage drinking and voters, by a margin of two to one, favor a tax increase on alcohol in their states to help fund prevention programs. Log on the AMA's Adolescent Health Web site at http://www.ama-assn.org/go/ adolescenthealth to read more.

Decision: Donation -- A
School Program That
Gives the Gift of Life is an
education program to raise

high school students' awareness and to help them make informed decisions about organ and tissue donation. The program is an effort of the U.S. Department of Health and Human Services' Gift of Life Initiative and was developed with input from transplant professionals, high school and driver education teachers, and others with experience working with high school students. The program includes print, videotape, CD-ROM, and Web-based materials that teachers can integrate into existing curricula and training programs. The program guide provides an overview of organ and tissue donation with frequently asked questions and answers about the process, and it examines the science of transplantation, the problems of matching donors and recipients, and some religious views surrounding donation and transplantation. More information about the program and program materials, a student tutorial, student activities, and related links are available at http://www.

organdonor.gov/student



Sexual Activity Increases for High School Girls, Decreases For High School Students Overall.

More high school 12th grade girls (62%) than boys (61%) now report having had sexual intercourse, according to the new 2003 Youth Risk Behavior Survey (YRBS) released today by U.S. Centers for Disease Control and Prevention. YRBS surveys are conducted every two years. For more information, please go to the following link .http://www.teenpregnancy.org/about/pdf/YRBS2004.pdf



The National
Campaign to
Prevent Teen
Pregnancy is pleased
to announce the
release of our latest
publication,
Another Chance:
Preventing

Additional Births

to Teen Mothers. Although overall teen birth rates have declined dramatically in the last decade, additional births to teen who are already mothers are disturbingly common. In 2002, there were nearly 89,000 such births, representing 21 percent of all births to teenagers. Nearly 25 percent of teen mothers have a second birth before age 20. Another Chance: Preventing Additional Births to Teen Mothers, by Lorraine Klerman, Dr.P.H., summarizes what is known about additional births to teen mothers, the dimensions of the problem, the factors that seem to increase the chances of such births occurring to teen mothers, their consequences, and the potential for prevention. The primary focus of the 49page report (a summary pamphlet is also available) is a critical review and assessment of programs. The report closely examines what types of programs are most effective in preventing additional pregnancies and births to teen mothers. This publication can be purchased or downloaded at a discounted rate at: https://www.teenpregnancy.org/ store/item.asp?productId=279&cid=19&cnm=





SARS Official CDC update: http://www.cdc.gov/ncidod/

sars/han/pdf/han sarsChina 042304.pdf

The Face of Public Health's new **video** is available at: http://www. apha.org/media/video2004.htm. Public health is a vital part of people's lives every day. But much of the work of public health is behind the scenes, hidden from public view and often taken for granted. In this new 8-minute video entitled The Face of Public Health, the people of public health share what they do and how their work improves and protects the lives of those in their communities. From healthy lifestyles and immunizations to policy development and global health, the video shows the face of public health working for all of us. This moving video premiered at the APHA Annual Meeting in November and is an excellent primer on public health, its services and its importance in protecting the health of all people. ISBN 0-87553-033-8. 8 minutes, VHS, color, 2004. \$13.99 APHA Members, \$19.99 Nonmembers



Want to raise awareness on how to **prevent**, **manage and treat allergy symptoms**?

The National Child

Traumatic Stress Network

The Asthma and Allergy Foundation of America has an interactive self-screening tool, that you can use to assist with questions you may have about allergies. To learn more or to view this interactive site go to: http://www.allergyactionplan.com

The National

Child Traumatic Stress Network contains education and information

contains education and information related to traumatic stress issues in children. Use the following address for information regarding these issues listed below: http://www.nctsnet.org/nccts/ nav.do?pid=ctr gnrl trauma#q4

- · Community Violence
- · Complex Trauma
- · Domestic Violence
- · Medical Trauma
- · Natural or Man-made Disaster
- · Neglect
- · Physical Abuse
- · Psychological Maltreatment

- · Refugee Trauma
- · School Violence
- · Sexual Abuse · Terrorism
- · Traumatic Grief



Good mental health is essential to the personal well-being of everyone. Good mental health enhances our ability to lead healthy, balanced, and productive lives. Mental health problems can affect anyone, and the U.S. Substance Abuse and Mental Health Services Administration's (SAMHSA's) Center for Mental Health Services (CMHS) is diligent in its efforts to address mental health issues in children, adolescents, adults, and the elderly. For more information visit the National Mental Health Information Center Web site: http://www.mentalhealth.samhsa.gov/



Kansas Action for Children has just published its 12th annual **Kansas KIDS COUNT Report**. KIDS
COUNT provides state and local data on 22 indicators of

child and family well-being. The indicators are broken down into five core areas: economic well-being, physical health and safety, childhood care and education, emotional well-being, and social behavior and control. Along with the state summary, Kansas Action for Children also produces fact sheets on all 105 Kansas counties. To download the state and county reports, visit the Kansas Action for Children web site: http://www.kac.org/kidscount.html

The Centers for



Disease Control and Prevention released new **influenza guidance**, clarifying when health care workers can safely use the live, attenuated, intranasal vaccine and recommendations for children ages 6 months to 23 months and their close to contacts receive a traditional, killed vaccine flu shot. For more information see the following link: http://www.nursezone.com/job/MedicalNewsAlerts.asp? articleID=12402

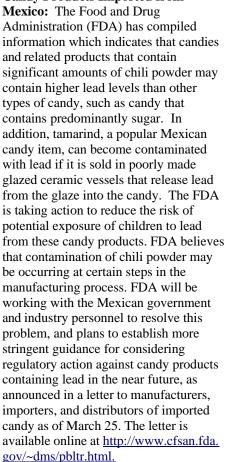
HHS Pushes Health Information

Technology: An initiative that is expected to affect all health care providers and patients got a strong boost from the U.S.

Department of Health and Human Services (HHS) as Secretary Tommy Thomson announced the appointment of the first Health Information Technology Coordinator "to help bring about electronic medical records." For more information on this topic visit: http://www.healthinschools.org/2004/may12_alert.asp

Institute of Medicine Finds No Vaccine/Autism Link: In its final report, a committee of the Institute of Medicine of the National Academies of Science said today it finds no evidence in published or unpublished studies to indicate that immunizing young children against measles, mumps, and rubella can cause them to develop autism. To view this info visit: http://www.healthinschools.org/2004/may19 alert.

FDA Statement on Lead Contamination in Certain Candy Products Imported from



Zips: School Health

Reducing Risk and Strengthening Quality in Medication Management at

School: One of the most common, most important, and least studied aspects of children's health care has been the management of medications at school. For the past six months, with support from the Agency for Healthcare Research and Quality and the Robert Wood Johnson Foundation, the Center for Health and Health Care in School has been exploring issues related to the safety and quality of medication management at school. An issue brief describing challenges and opportunities as well as information on an invitation workshop sponsored by the Center have been posted to the CHHCS Web site. http://www.healthinschools.org/sh/ medmgmt.asp

The NAEPP School Subcommittee has completed the development of a new

product, "Is the Asthma Action Plan Working? A Tool for School Nurse Assessment". This brief assessment tool offers guidance to school nurses in determining how well an asthma action plan is working for a student. It includes information about good asthma control and a checklist of assessment items. This tool can also be used by asthma educators, primary care providers and asthma specialists. Take a look at http://www.nhlbi.nih.gov/health/prof/lung/asthma/asth_act_plan_frm.htm and let your colleagues know this tool is now available and ready to put to use.



FEMA is pleased to announce the

release of a new publication, Primer to Design **Safe School Projects in Case of Terrorist Attacks** (FEMA 428). The purpose of this primer is to provide the design community and school administrators with the basic principles and techniques necessary to create a school that is safe from terrorist attacks. This primer is part of a new FEMA Risk Management Series, directed at providing design guidance for mitigating potential damage from terrorist attacks against buildings. The objective of the

series is to reduce physical damage to structural and nonstructural components of buildings and related infrastructure, and to reduce resultant casualties during conventional bomb attacks, as well as attacks using chemical, biological, and radiological (CBR) agents. FEMA 428 includes information on how to conduct a threat/risk assessment, prepare site layout and building design, and create school safety plans. It also includes a brief discussion on blast theory and CBR measures that can be taken to mitigate school vulnerabilities, as well as a standalone description of the concept of safe rooms within schools that will resist CBR and blast threats. For more information, please email

<u>Riskmanagementseriespubs@dhs.gov.</u> All RMS publications are available at http://www.fema.gov/fima/rmsp.shtm.

The May issue of **Health and Health Care in Schools** is online. In this issue:

It Takes A Village: What Happened When a State Dropped Its Youth

- Manti-Tobacco Program
- Identifying the Risk Factors for Adolescent Overweight
- A Review of Competitive Foods
 Available in Schools
- Senate Bill Aims at Pregnancy Prevention
- AAP Urges Annual Flu Shots for Infants, Chronically Ill Children Read the e-journal at: http://www.healthinschools.org/ejournal/ejournal.htm
 Also, a reader-friendly pdf version of the CHHCS e-journal is now available, beginning with last month's April issue. The pdf format will print in fewer pages and will be easier to read in hard copy. Download PDF at: http://www.healthinschools.org/ejournal/2004/april.pdf

PEDIATRICS

The American Academy of Pediatrics and the American Academy of Opthamology have published a joint statement on **protective eyewear for young athletes**. The policy includes a list of sports, each categorized as to their risk for eye injury. It also discusses four basic types of eyewear. To view this information visit the American Academy of Pediatrics Web site at: http://pediatrics.
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http://pediatrics.
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What is Coordinated School Health? A coordinated school health model consists of eight

interactive components. Schools by themselves cannot, and should not be expected to, address the nation's most serious health and social problems. The eight components are:

- Health Education: K-12 curriculum that addresses the physical, mental, emotional and social dimensions of health.
- Physical Education: K-12 curriculum that provides cognitive content and learning experiences in a variety of activity areas.
- Health Services: Services provided for students to appraise, protect, and promote health.
- Nutrition Services: Access to a variety of nutritious and appealing meals that accommodate the health and nutrition needs of all students.
- W Health Promotion for Staff: Opportunities for school staff to improve their health status through activities such as health assessments, health education and health-related fitness activities.
- Counseling and Psychological Services: Services provided to improve students' mental, emotional, and social health.
- Healthy School Environment: The physical and aesthetic surroundings and the psychosocial climate and culture of the school.
- Parent/Community Involvement: An integrated school, parent, and community approach for enhancing the health and well-being of students.

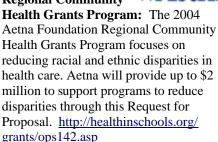
For more information, visit: http://www.cdc.gov/HealthyYouth/CSHP/index.htm.

Zips: Events and Resources

Walgreens Contributions:

Walgreens Co. awards grants in program areas concerning Health and Human Services, Education, Civic and Community, and Arts and Culture. Within these categories, health and education are a major priority. http:// healthinschools.org/grants/ops143.asp

Aetna Foundation Regional Community





The **Second Annual** Kansas Conference on Poverty will be hosted by the Kansas Association of

Community Action Programs and will be held at the Ramada Inn in Topeka, on July 14 - 16. For information call: 785-234-0878. http://www.kacap.org/ UpcomingEvents/conferenceintropage. <u>htm</u>

JPMorganChase JP Morgan

Chase Arizona Community Builders Grant Program: JP Morgan Chase Arizona Community Builders Grant program supports organizations that are committed to improving communities in the areas of housing, hunger, human services, and economic development. For more information visit: http://www. healthinschools.org/grants/ops145.asp

There is a classroom style **KBH R.N.** training scheduled for Friday, June 25 in Topeka KS at Washburn University Rice Room (2nd floor), 8 a.m. to 12 noon. Pre-registration is required by calling 785-231-1010 ext 1399. The fee is \$50.00. There are four contact hours available. This is one of three ways to obtain KBH R.N. training. For more information on the independent study or Web-based methods contact: Mary Kopp, (785) 231-1010 ext 2615.



National Minority Organizations Immunization Awards: The National Minority

Immunization program from the Department of Health and Human Services seeks to aid national minority organizations in promoting and improving immunization rates among racial and ethnic minorities. http://www. healthinschools.org/grants/ops148.asp

The 15th Annual **Kansas School Nurse Conference**: July 26-29 Hyatt Regency Hotel, Wichita Ks. http://www. webs.wichita.edu/continuinged/ ksn.htm



The Amazing **Safety Race** June 10-12 Overland Park, Ks.

This conference is an excellent opportunity for community educators to improve their skills and network in a fun and comfortable atmosphere. For more information call: The Amazing Safety Race Hotline at 913-971-6706!

ADAF Grant

Programs: Access-to-Care Grants: The American Dental Association Foundation will award grants of up to \$5,000 from the Harris Fund to applicants whose oral health programs increase access to and increase education on oral health care for children. For more information visit: http://www.healthinschools.org/grants/ ops150.asp

Five of the **beef industry's consumer lifestyle tear pads** have been translated into Spanish and are available free of charge. They may be ordered on-line at: http://www. beefnutrition.org/dsp/dsp locationContent. cfm?location=114 or by calling 800-368-3138.

eHEALTH INITIATIVE

Connecting Communities for Better Health Learning Network and Resource Center is an online resource designed to

..... support communities that are using health information exchange and other information technology (IT) tools to drive improvements in health care quality, safety, and efficiency. The Web site was launched by the Foundation for eHealth Initiative in cooperation with the Health Resources and Services Administration's Office for the Advancement of Telehealth. The foundation is launching a grant program to provide seed funding to a set of communities selected through a competitive process to implement health information exchange. The strategies and experiences of communities receiving seed funding will be evaluated and disseminated, with the goal of spurring movement toward an interconnected, electronic national health information infrastructure. The Learning Network will enable users to learn about barriers to the implementation of interconnected IT and about solutions that can be employed to overcome these barriers. The Web site is available at http://www. ccbh.ehealthinitiative.org/default.mspx.

Healthy Youth!

The new DASH web site is now live! <<http://www.cdc.gov/HealthyYouth>>



CDC Implements New Tiered Travel Health Guidance System. The Centers for Disease

Control and Prevention (CDC) today implemented a new system for providing travelers with guidance about potential health hazards and the steps they can take to protect themselves when traveling abroad. The new system makes it easier for the public to understand what their risks may be during an emerging public health crisis and what they can do to protect themselves. A complete description of the definitions and criteria for issuing and removing travel notices can be found at http://www.cdc.gov/ travel.